

Christine Lindsey
The Sprout Queen
12571 Aubrey Ln
Bokeelia, FL 33922
(239) 849-0639
sprouts@thesproutqueen.com

Effective Sept 2014

Fresh Products

Description *		Price per lb.		
Buckwheat			\$	10.00
Pea Shoots			\$	10.00
Sunflower greens			\$	12.00
Wheatgrass			\$	10.00
Gourmet Lettuce Greens			\$	10.00
Arugula			\$	10.00
Misc microgreens			\$	32.00
	Price per			
		box		
10 oz Crunchy Bean Mix (Sprouted Adzuki, Garbanzo, Green & Red Lentils)	\$	4.00		
Alfalfa, Broccoli, Fenugreek, Radish, Red Clover				
Sprouts #			\$	12.00
2oz Fennel Sprouts	\$	4.00		
2oz Onion Sprouts	\$	4.00		

^{*} For initial bulk quantities of 2+ lbs for microgreens and wheatgrass or 8+ oz of one variety of sprout, 7-10 days may be needed to grow desired amount.

Availability may vary if not pre-ordered. Additional produce will be available as growing season continues. Shipping costs calculated at time of order and are based on size of order, packaging required, and zip code. USPS Priority Mail is the preferred shipper.

[#] Any combination of listed varieties can be packaged. For quantities less than 8oz, price increases to \$1/oz.